

Spring 2022~ Anno Societatis 56

The SHIRE OF HARTWOOD'S

HARTBEAT

LETTER FROM THE SENESCHAL

The bunnies are hopping, the birds are singing, the deer are running, the clang of swords ring through the air, the whistle of an arrow as it pierces the silence. Ahhhhhh....it's spring time in Hartwood!

Long have we been looking forward to the days when we can see the faces (ENTIRE faces) of our friends and loved ones. With the relaxing of Covid protocols across all regulating bodies, we find the SCA slowly coming out of it's slumber.

Hartwood, we are a unique group. We slumbered. Got up. Stretched and have FOUR events on the Kingdom Calendar for 2022!!

We start in May with our much anticipated Medieval Market demo in Errington on Sunday May 15, hosted by Signora Aspasia, Maulana Halima and HL Kjartan.

Closely following is a return of our cherished Mid Summer Champions in Coombs July 22-24, also hosted by Senora Aspasia and HL Kjartan.

TUTR in Hartwood returns with T.O.U.S., our on-line hosted event by Maulana Halima and Mistress Alicia.

Finally, we are honoured to be co-hosting Tir Righ's August Investiture August 26-28 in Qualicum Bay, hosted by Bantiarna Elphin and HL Seamus.

Events are the arena that the ideals and romance of the society we love, live. Hartwood Council is currently looking for bids for our Yule event in 2022 and all events in 2023. Please let us know if your are interested in hosting an event and we can assist your where requested.

I encourage you all to brush off the dust bunnies, sweep up the cobwebs and mend your clothes and gear. Join Hartwood as we come *back* to the middle ages.

ONE HARTBEAT!!!

Bantiarna Elphin o Flaithbheartaigh



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HISTORIC ARTS WORKSHOP

Do you have a big sewing project you'd like to do? Want some company while working on that illumination? Would you like support in learning a new skill like various types of weaving?

This could be your opportunity to join HL Aspasia at the Bradley Centre in Parksville on most Sundays (barring events!) from 10-4. Bring your lunch, your work and your enthusiasm. The room is large and there are long, sturdy tables to work on your Arts and Science projects.

The cost of warming a seat is \$2, which goes to the centre. (If you come more than once, joining the Bradley centre is an additional one time fee of \$5). Brewed coffee is \$.50.

You can find information on the theme each workshop day on the Shire of Hartwood page on Facebook. Currently the dates are: April 3, 10, 22, May 18, & 22. On April 3, we will focus on illumination; the 10th is Warp to weave; bring your table loom to learn how to warp and start weaving, or get some help with a project you've already started.

I look forward to creating and working alongside other enthusiastic members of our populace.

Yours in service,

HL Aspasia Bevilacqua

Chief Scribe, Exemplar

<https://facebook.com/events/s/historic-arts-workshop/256064210066666/>

One of my favourite things about spring is the return of the Hot Cross Bun. Needless to say, I was excited to discover this recipe in my Celtic Folklore cookbook. So here I present this scrumptious recipe.

HOT CROSS BUNS

makes 18 buns

Celtic Folklore Cooking compiled by Joanne Asala

first edition, second printing 1999

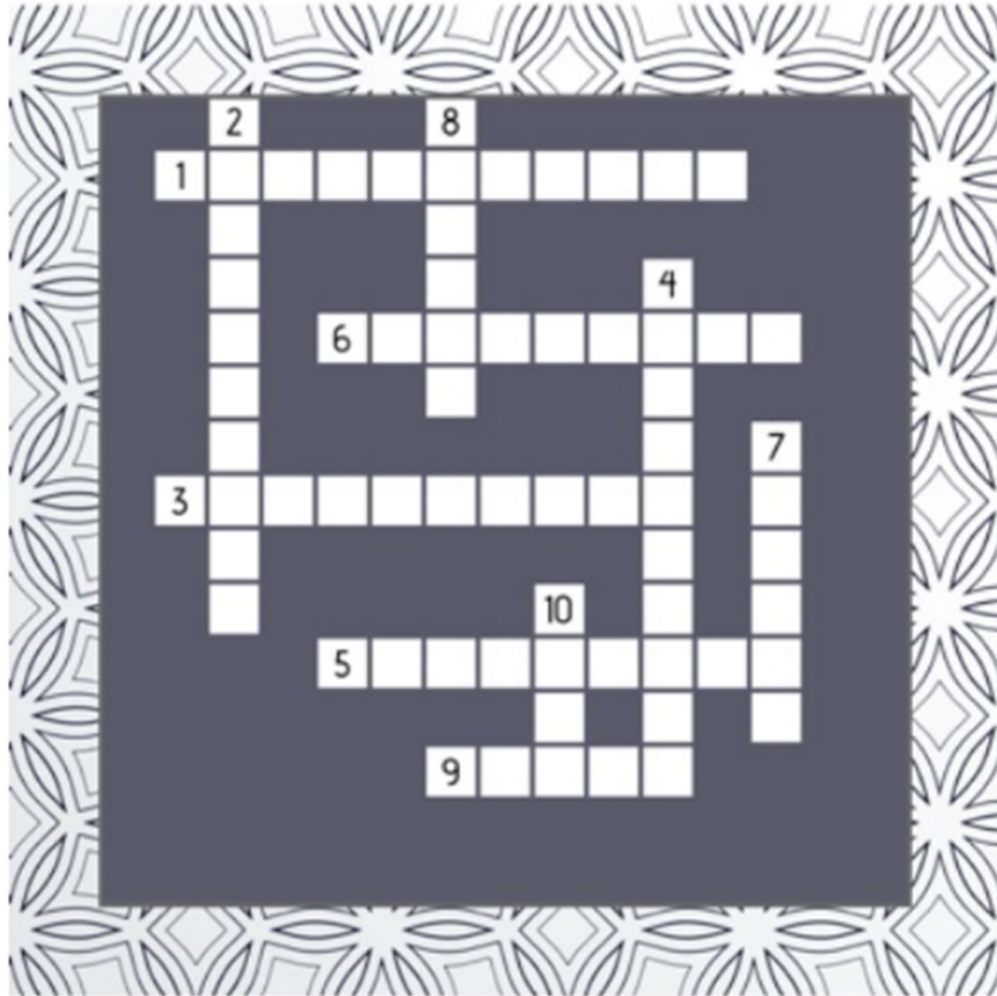
1 1/2 plus 2-3 cups flour
2 packages dry yeast
1 tsp cinnamon
3/4 cup milk
1/2 cup vegetable oil
1/3 cup sugar
1 tsp salt
3 eggs
2/3 cups currants
1 egg white, slightly beaten
1 1/2 cups powdered sugar
1/4 teaspoon vanilla
Dash salt



In a large mixing bowl, combine 1 1/2 cups flour with the yeast and cinnamon. Heat milk, vegetable oil, sugar and salt in a saucepan until warm; stir constantly. Remove from heat and beat for 3 minutes at high speed with an electric mixer. Add all at once to the flour mixture along with the eggs. Beat at low speed with an electric mixer for 1 minute, scraping sides of bowl constantly. Beat 3 more minutes at high speed. Stir in currants and as much of remaining flour as possible. Turn dough out onto a lightly floured surface and knead in enough of the remaining flour to make a moderately soft dough that is smooth and elastic. Shape into a ball. Place in a lightly greased bowl, turning once to coat surface. Cover and place in a warm spot. Let rise until double, about 1 1/2 hours. Punch dough down and turn out onto a lightly floured surface. Cover and let rest for 10 minutes. Divide dough into 18 pieces and form each into a smooth ball. Place on a greased baking sheet 1 1/2 inches apart. Cover; let rise until nearly double (30 to 45 minutes). With a sharp knife, cut a cross in each; brush tops of each bun with some of the slightly beaten egg white (reserve remaining white), Bake at 375 degrees for 12 to 15 minutes or until golden. Cool slightly. Meanwhile, combine powdered sugar, vanilla, dash of salt and the reserved egg white. Add more milk if necessary to give it piping consistency. Pipe crosses on top of buns with a pastry decorator.

Bantiarna Elphin o Flaithbheartaigh

Sumptuous Clothes



WORDS TO FIND

ACROSS

- 13th C women's hat, often netted (11)
- Main outer layer of clothing in the mid to late 14th century (10)
- 16th C. steepled ladies hat (9)
- 16th C German women's head ware. Padding at the back (9)
- 16th C Turkish hip length coat (5)

DOWN

- 16th C round front woman's hat (10)
- 16th C. German over coat (10)
- Japanese garment, the predecessor to the Kimino (6)
- 16th C women's bust supportive dress (6)
- Made of linen or fine silks (4)

AN TIR VIRTUAL EVENTS PAGE

<https://www.facebook.com/AnTirEventsVirtualFeed/>

Check it out!

Created by: HE Letitia Talbot

Answer on page 4

T.O.U.S. - WHAT IN THE WORLD IS THAT?

If you are watching the Calendar of events, you might've seen this acronym pop up in August. This is our "TUTR Of Unusual Subjects", and it is our mission to give you opportunity to explore rabbit holes you never knew existed, or give you a lead into a rabbit hole you knew about but couldn't find the entrance!

What are we considering? How about... underwear, magic, treasures of Italy, stained glass painting, mosaics, bees, varieties of mead, snail water...? Nothing is set, just yet.

Because this will be online via Zoom, we are contacting instructors around the Known World to bring their knowledge to you!

Is there a unique class you'd like to see? Send an email to the TUTR class organizer, Mistress Alicia Le Wilfulle at hartwood.TUTR@tirrigh.org.

Do you teach or know someone who teaches something that isn't nearly known enough? Send an email to the TUTR class organizer, Mistress Alicia Le Wilfulle at hartwood.TUTR@tirrigh.org.

Keep your eyes open, and we will bring you more information as it develops.

The Basics

Event Steward is Maulana Halima al-Rakkasa
TUTR class organizer is Mistress Alicia Le Wilfulle
Tech lead is Her Ladyship Elphin o Flaithbheartaigh

Note: The University of Tir Righ (TUTR) is the educational institution for the Principality of Tir Righ in the Kingdom of An Tir. The Shire of Hartwood, hosting this online TUTR session, is a spread-out shire spanning most of Vancouver Island, BC (with the exclusion of the southernmost area) on the west coast of Canada. All classes will be in English.

Tir Righ's August Investiture

August 26-28, 2022

The Shire of Hartwood and Barony of Seagirt are excited to share that we have been awarded the opportunity to host Tir Righ's August Investiture!

We are hosting the event at the Lion's Club in Qualicum Bay.

Wax your bowstrings, check your fletching. Vie for Archery Champion of Tir Righ

Armored fighters...Prepare to strike fear in your opponent as you vie for Armored Champion of Tir Righ

Featured activities include, but not limited to:

Bardic
TUTR
Merchants
Rapier
Cut & Thrust
Thrown Weapons
Children's Activities

and ohmygosh so much more!!!

check out the An Tir Kingdom Calendar for new and updated information

<https://antir.org/events/tir-righ-august-investiture-10/>

Event Steward: Elphin o Flaithbheartaigh
co-Steward: Seamus MacDonald of Skye



Your health and safety is always first.
Always.

We know and have heard in a thousand different ways that COVID seclusion and now reintegration is hard, that times are difficult to navigate and that people are struggling. We hear this often because it is true.

If you are struggling, please reach out to a friend, a colleague, or if you feel you need a non-judgemental third party, consider calling any of the following:

Vancouver Island Crisis Line: 1-888-494-3888

Crisis Text – 250-800-3806 – (6pm to 10pm nightly)

Crisis Line BC (24/7): 1-800-784-2433

Mental Health Support: 310-6789

Canada Suicide Prevention Service: 1-833-456-4566

You can call and speak anonymously to a crisis intervention worker about problems or issues, which have you feeling out of control in your life, and be heard and supported in a non-threatening, non-judgemental way. Talking with a caring, third party is helpful whether you are in a crisis yourself or worried about someone else.

A MEDIEVAL MARKET

Day

Sunday

May 15th

10am-4pm

Donations Welcome

Errington Community Park

Merchants · Music · Manorhouse

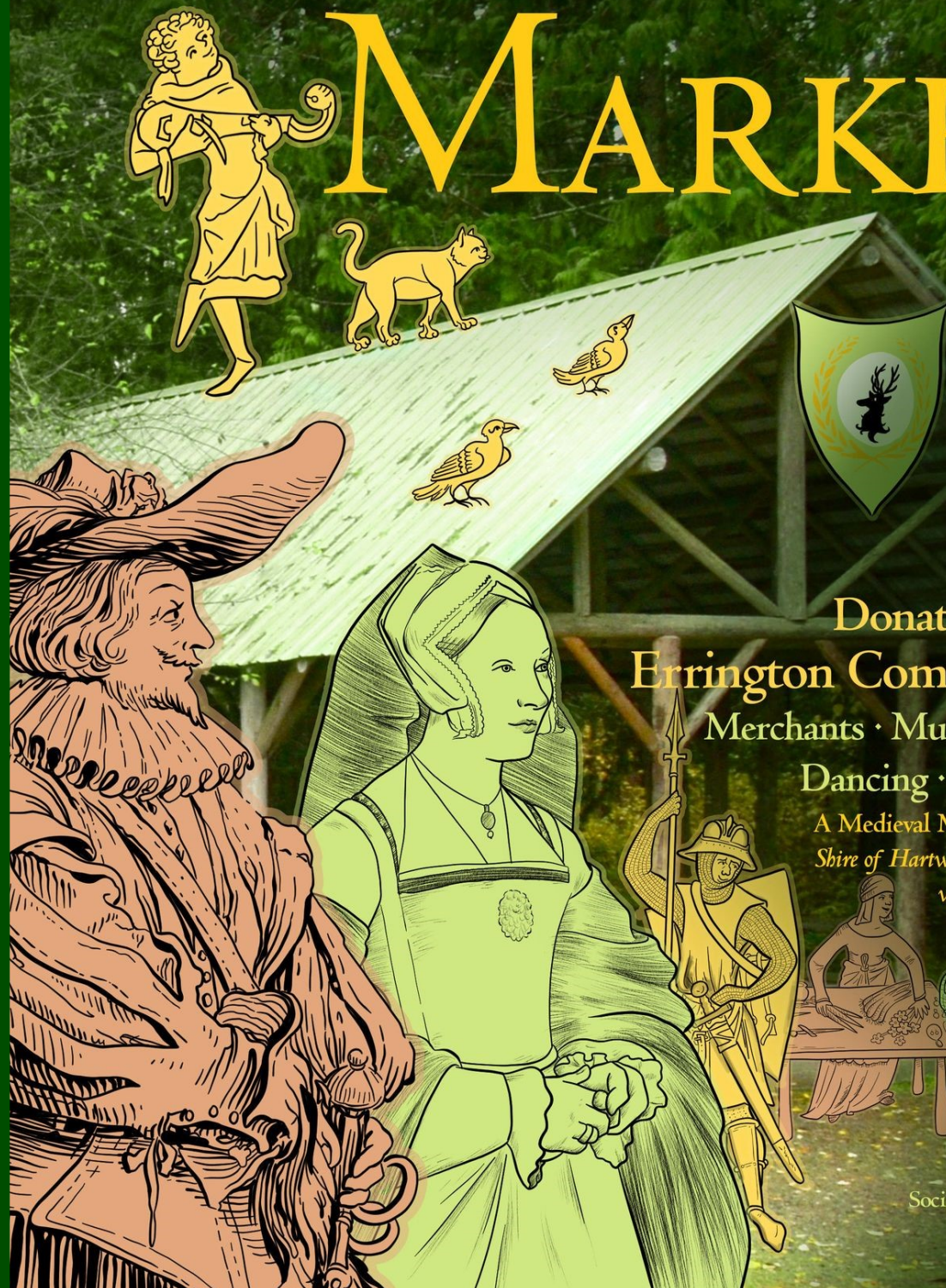
Dancing · Demos · Drama!

A Medieval Market Day is held in the
Shire of Hartwood, Principality of Tir Righ,
within the Kingdom of An Tir



Antir.org

To learn more about the
Society for Creative Anachronism
please visit SCA.org



Bog Coat

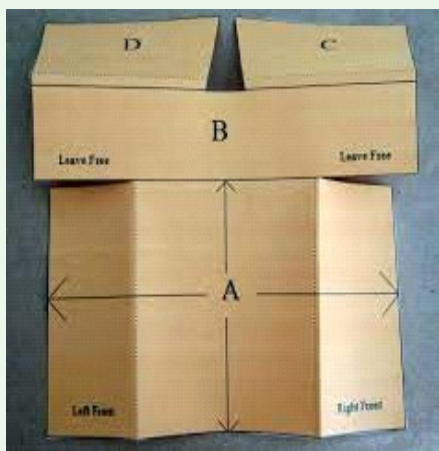
With camping season almost here I have a great pattern to help keep you warm! Being comfortable has a great impact on how much fun an event is.

The best advice I can give you is to put on your warm clothes just before the sun goes down! This will make your whole evening more comfortable and fun.

Bog Coat is a great style from Norse to Russia and all points in between. Here is a simple coat you can make from a surprising small amount of wool and even from a single blanket.

Look in second hand stores for wool blankets as a easy starting point. Some people have used polar fleece but it really does not hold the heat as well or stand up to rain. Wool blanket can also be dyed a different colour to suit your taste.

Added bonus: I open it up and lay it into my bed underneath me when I tuck in for the night to stay toasty warm.



Article for the Heartbeat contributed by Mistress Desiree Chirastella

A WORD OF THANKS

Hartwood, over the last two years your council was hard at work keeping the Shire's heart beating. Some of our officers have held their positions beyond the two years they promised and others have joined to help carry the awkward load that this seemingly endless plague presents. Please take the time to *SEE* these good gentles. Thank them for their efforts, and maybe volunteer as a deputy to assist them. We're ALWAYS looking for deputies....and officers.

Archer: Master John Macandrew
Arts & Sciences: Lord Maurus Ioinur
Chamberlain: Lady Fionnguala Inghean Ui Murchaidh
Chatelaine: Mistress Yrsa Kettilsdottir
Chronicler: HL Aróc ingen Cormaicc
Exchequer: Maulana Halima al-Rakkasa
deputy: Lord Maurus Ioinur

Family Activites: Lady Fionnguala Inghean Ui Murchaidh
Herald: Mistress Alicia le Wilfulle
Scribe: Signora Aspasia Bevilacqua
Stables: HL Kjartan Kraka
Thrown Weapons: Master John Macandrew

I would also like to give special recognition to those officers who needed to step away over the last 2 years.

Duchess Tangwystl d'Coursi
Lady Gwynafel ben Madhudain

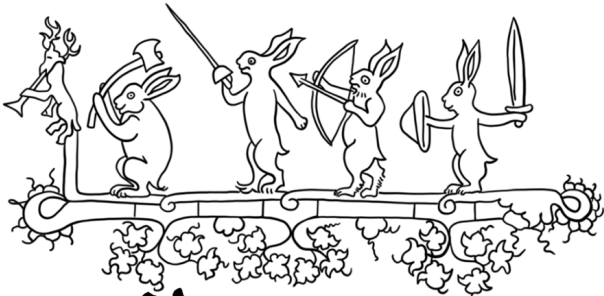
Lady Scarlett o'Tomelty
Lord Ulf Treteljgar

These good people mean everything to me. Together we keep our dream alive.

ONE HARTBEAT!!!

Bantiarna Elphin o Flaithbheartaigh

A new herd is coming to Hartwood



midsummer's CHAMPIONS

hosted by
The Shire of Hartwood

Event Site

2601 Alberni Highway, Coombs
British Columbia, V9K 1X1

July 22 - July 24

Site opens July 22 at 4pm
Site closes July 24 at 2pm

<https://antir.org/events/mid-summers-champions/>

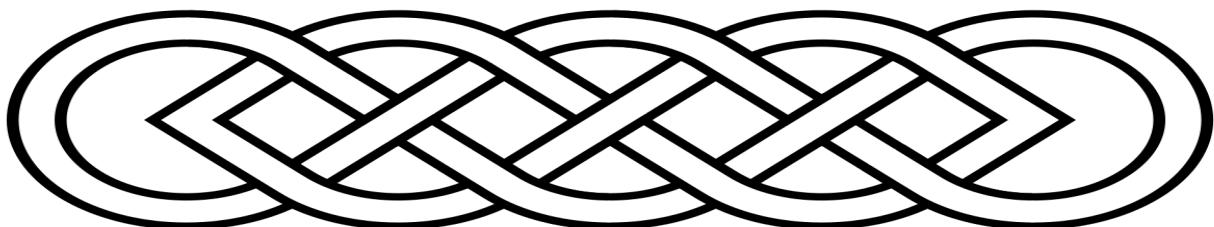
HARTWOOD OFFICERS

	Seneschal	Ban tiarna Elphin o Flaithbheartaigh hartwood.seneschal@tirrigh.org
	Exchequer	Mualana Halima al Rakkasa hartwoodexchequer@tirrigh.org
	Chamberlain	Lady Fiongualla Inghean Ui Murchaidh hartwood.chamberlain@tirrigh.org
	Herald	Mistress Alicia le Wilfulle hartwood.herald@tirrigh.org
	Chatelaine	Mistress Yrsa Kettildottir hartwood.chatelaine@tirrigh.org
	Minister of Arts & Sciences	Lord Maurus Ioinur hartwood.artsnsoci@tirrigh.org
	TUTr Minister	Lady Gwynaffel ben Madudhai hartwood.tutr@tirrigh.org
	Minister of Stables	Honourable Lord Kjartan hartwood.ministerofstables@tirrigh.org
	Chief Archer	Master John Macandrew hartwood.archery@tirrigh.org
	Chief Chucker	Vacant
	Minister of Blades	Vacant
	Chronicler	Her Ladyship Aroc ingen Cormaicc hartwood.chronicler@tirrigh.org
	Chief Scribe	Signora Aspasia Bevilacqua hartwood.scribe@tirrigh.org
	Webminister	Vacant
	Family Fun	Lady Fiongualla Inghean Ui Murchaidh hartwood.familyactivities@tirrigh.org

From Your Chronicler

I would like to extend my gratitude to those who stepped forward and took the time to write and create for this and previous newsletters. Your recipes, games, articles, and advertisements reflect your love for our game and are appreciated. Thank you too to those who take the time to read and appreciated the efforts of others. I look forward to seeing a lot of you, in person, very soon!

HL Aróc ingen Cormaicc



UPCOMING EVENTS IN AN TIR & BEYOND!

APRIL 2022

Event Date	Event	Activities	Hosts
16 9:00 AM - 8:00 PM	Adiantum Birthday Bash <i>The Barony of Adiantum (Eugene, Lane County, OR)</i>		
16 9:00 AM - 9:00 PM	Canterbury Fayre ★ <i>The Barony of Lions Gate (Vancouver, BC)</i>		
16 9:00 AM - 11:30 PM	Rogue Tavern Returns <i>The Barony of Madrone (King County, WA)</i>		
22 - 24 12:00 PM - 2:00 PM	Honor War ★★ <i>The College of Lyonsmarche (Pullman, WA & Moscow, ID)</i>		
22 - 24 3:00 PM - 12:00 PM	Bar Gemels ☆ <i>The Barony of Terra Pomaria (Marion, Polk & Lincoln Counties, OR)</i>		
23 9:00 AM - 8:00 PM	Seagirt Champions ★ <i>The Barony of Seagirt (Victoria, BC)</i>		
23 9:00 AM - 10:00 PM	Son of Candelmas <i>The Barony of Dragon's Lair (Kitsap & N Mason counties, WA)</i>		
23 7:00 PM - 7:00 PM	Tournament Of Roses <i>The Shire of Danescombe (Penticton and Kelowna B.C.)</i>		
29 - 1 3:00 PM - 12:00 PM	Embers and Ambrosia <i>The Barony of Blatha An Oir (Tacoma-Pierce county, WA)</i>		
29 - 1 3:00 PM - 12:00 PM	Sir Edwards Tournament ★★ <i>The Shire of Thornwold (Bellingham - Whatcom County, WA)</i>		
30 10:00 AM - 9:00 PM	Founding Revel <i>The Barony of Strongard (Vancouver, WA)</i>		

JUNE 2022

Event Date	Event	Activities	Hosts
3 - 5 12:00 AM - 12:00 AM	Sea/Lion War <i>The Barony of Lions Gate (Vancouver, BC)</i>		
10 - 12 2:00 PM - 2:00 PM	Springfest <i>The Barony of Wastkeap (Tri-Cities, WA)</i>		
10 - 12 8:00 PM - 4:00 PM	Tir Righ Jane Coronet ★☆☆ <i>The Shire of Coll Mhor (100 Mile House, BC)</i>		
10 - 12 8:00 PM - 4:00 PM	Tir Righ Jane Coronet ★☆☆ <i>The Shire of Coll Mhor (100 Mile House, BC)</i>		
11 10:00 AM - 6:00 PM	Day of Archery <i>The Barony of Wyewood (South King County, WA)</i>		
11 12:00 PM - 6:00 PM	Dragons Mist Tournament of Champions <i>The Barony of Dragon's Mist (Washington county, OR)</i>		
17 - 19 12:00 PM - 8:00 PM	June Faire ★ <i>The Barony of Dragon's Lair (Kitsap & N Mason counties, WA)</i>		
17 - 19 8:00 PM - 12:00 PM	Summits June Investiture ☆ <i>The Principality of the Summits</i>		
18 12:00 AM - 12:00 AM	Troll Stamp <i>The Shire of Appledore (Oliver and Ouyawa, BC)</i>		
24 - 26 2:00 PM - 4:00 PM	Dual War <i>The Shire of Coll Mhor (100 Mile House, BC)</i>		
25 10:00 AM - 6:00 PM	Strongard StormHunter & StormThrower Championships <i>The Barony of Strongard (Vancouver, WA)</i>		
30 - 3 10:00 AM - 12:00 PM	Seagirt Summer Tournament <i>The Barony of Seagirt (Victoria, BC)</i>		
30 - 4 12:00 PM - 8:00 PM	An Tir West War ★★ <i>The Kingdom of An Tir (Oregon, Washington, Northern Idaho, and British Columbia)</i>		

MAY 2022

Event Date	Event	Activities	Hosts
1 10:00 AM - 1:00 PM	An Tir Kingdom Financial Committee and Carls ★★ <i>The Kingdom of An Tir (Oregon, Washington, Northern Idaho, and British Columbia)</i>		
6 - 8 2:00 PM - 6:00 PM	Mayfair <i>The Barony of Glynn Mere (Thurston, Grays Harbor and South Mason counties, WA)</i>		
7 8:00 AM - 11:30 PM	Known World Italian Symposium III ★★ <i>The Kingdom of An Tir (Oregon, Washington, Northern Idaho, and British Columbia)</i>		
7 9:00 AM - 6:00 PM	Lions Gate Champions <i>The Barony of Lions Gate (Vancouver, BC)</i>		
18 - 15 8:00 PM - 5:00 PM	Tain Bo ☆ <i>The Shire of Glyn Dwfn (Medford, Ashland, Jackson Counties, OR)</i>		
18 12:00 AM - 11:59 PM	Lionhearts Tournament and Demo <i>The Barony of Madrone (King County, WA)</i>		
15 9:00 AM - 4:00 PM	Medieval Market Day <i>The Shire of Hartwood (Nanaimo, Campbell River, Courtenay, Port Alberni, BC)</i>		
20 - 22 12:00 PM - 4:00 PM	May Crown 2022 ★☆☆ <i>The Kingdom of An Tir (Oregon, Washington, Northern Idaho, and British Columbia)</i>		
27 - 30 12:00 AM - 11:59 PM	Egfrid Skallagrímsson Memorial Tournament ☆☆ <i>The Barony of Adiantum (Eugene, Lane County, OR)</i>		
27 - 29 12:00 PM - 5:00 PM	***CANCELLED***Boars Hunt <i>The Barony of Aquaterra (Snohomish County, WA)</i>		
27 - 29 12:00 PM - 5:00 PM	***CANCELLED***Boars Hunt <i>The Barony of Aquaterra (Snohomish County, WA)</i>		
27 - 29 12:00 PM - 12:00 PM	Celtic Revolt <i>The Barony of Wauldmow (Spokane, Spokane County, WA)</i>		

JULY 2022

Event Date	Event	Activities	Hosts
4 - 8 6:00 AM - 6:00 PM	Penguin Crusade <i>The Shire of Tir Banog (Smithers, BC)</i>		
8 - 10 6:00 PM - 9:00 PM	Fields of Gold <i>The Shire of Tir Banog (Smithers, BC)</i>		
9 12:00 AM - 12:00 AM	Peasant's Revolt <i>The Barony of Madrone (King County, WA)</i>		
9 6:00 PM - 6:00 PM	Athenaeum ★ <i>The Barony of Madrone (King County, WA)</i>		
15 - 17 2:00 PM - 5:00 PM	July Coronation 2022 ★☆☆ <i>The Kingdom of An Tir (Oregon, Washington, Northern Idaho, and British Columbia)</i>		
22 - 24 4:00 PM - 2:00 PM	Mid Summers Champions <i>The Shire of Hartwood (Nanaimo, Campbell River, Courtenay, Port Alberni, BC)</i>		
25 12:00 PM - 8:00 PM	Newcomer's Athling <i>The Barony of Blatha An Oir (Tacoma-Pierce county, WA)</i>		
29 - 1 12:00 AM - 12:00 AM	Lions War <i>The Barony of Lions Gate (Vancouver, BC)</i>		
29 - 31 12:00 PM - 9:00 PM	Game of Thrones and Stormgods <i>The Barony of Strongard (Vancouver, WA)</i>		
29 - 31 2:00 PM - 4:00 PM	Musicians <i>The Shire of Tymberhavens (Cass & Curry Counties, OR)</i>		
30 12:00 AM - 12:00 AM	Wyewood Champions <i>The Barony of Wyewood (South King County, WA)</i>		

WATCH FOR CHANGES & ADDITIONS AT
<https://antir.org/events/>

CURRENT ROYALTY



Their Royal Majesties of An Tir



King Sven Fallgr Gunnarsson
(crown@antir.org)



Queen Rauokinn Eyverska Starradottir
(crown@antir.org)



Retinue and preferences



Court Business Request Form

Their Majesties' Progress



Their Highnesses of Tir Righ



Prince Steinn Vikingsson
(coronet@tirrigh.org)

Princess Gemma Delaroché
(coronet@tirrigh.org)



photograph courtesy of Sophia of Constantinople

SCA : <https://sca.org/>

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TIR RIGH : <https://tirrigh.org/>

HARTWOOD : <http://hartwood.tirrigh.org/>

<https://www.facebook.com/shireofhartwood>