



The Shire of Hartwood

Shire of Hartwood, the SCA group that includes pretty much the whole upper island (Nanaimo and North). We dress in clothing of the Middle Ages and Renaissance, attend events which feature tournaments, feasts, dancing, classes/workshops, and more; in the process, we tend to research and re-create the arts and skills of pre-17th-century Europe. It is all about participation and having fun with it!

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Greetings!

I wanted to avoid putting something by me or about me in this newsletter but as I am working on it I am finding it impossible to not put a welcome message, a gesture of goodwill and an open invitation to you wonderful Hartwoodians.

As a brief introduction, I am Lady Anikó and will be putting this publication together on a regular basis. I am also the Shire's Chronicler and am interested in meeting you (yes you) and hearing your stories, gaining your input and will be requesting short articles written by some of you. Please know that even if I am requesting things from you, that you can always refuse if you are unable; a request from me is merely a request and *never* a demand.

On that note, regarding submissions to this newsletter, you can contact me easily at paperscape@gmail.com and I am on the Hartwood facebook page and can be found as [facebook.com/leslie.eaton](https://www.facebook.com/leslie.eaton)

*Please send me your **stuff** - I would **love** to hear from you on what you would like to see or if you have something great you want to share.*

I am looking forward to hearing from you (yes, really you) and hope you enjoy this issue.



Cheers!

Melles Anikó

Your Council

Seneschal Symonne du Bois

Archery John MacAndrew

Heraldry Doireann Dehti

Master of Stables Azemar
De Toulouse

Exchequer Cunegonda

A&S Gwynafel Farleigh

Chatelaine Prudence O'Brennon

Chronicler Melles Anikó

Chamberlain Open

Heraldry Open

At a Glance...

Archery Practices: Always check our FB group for updates. Thursday evenings @ Cunegonda's; Sundays @ John Mail-MacAndrew

Fight Practices: Thursday nights at Coal Tyee Elementary School, 7 - 9 p.m., open to friends and allies. Anyone fighting to pay \$5 dollars, and everyone else a minimum of \$2 dollars. Come join us! Tristan Thompson

North Hartwood A&S every Wednesday. See our FB group for details.



Three Cheers!

Let us give cheers for those who have been recognized for their skills, abilities and service! The following individuals have received the following distinctions:

Order of the Black Bear Miranda MacAndrew

Hartwood Archery Champion Cunegonda

Hartwood Champion of Combat Azemar De Toulouse

Hartwood Bardic Champion Gwynafel

Goutte de Sang Cunegonda

Award of Arms 'Orrible Harold

Award of Arms Melles Anikó

Daffodil Wire Work Challenge Halima Al-Rakkasa

Daffodil Novice Challenge Melles Anikó



Azemar & Cunegonda receiving their awards at Canine War 2014
Photo by Anikó

Let's Fight!

by Azemar De Toulouse

Greetings, I am Azemar De Toulouse (Tristan Thompson mundanely), I am both Hartwood's Master of Stables, and current Champion of Combat; this means I am very involved with the fighters and fight practices. Since arriving in the shire in 2013, I am very proud of how our main practice (in Nanaimo) has evolved over this last year. We now usually see 5+ fighters in armour every week and usually a couple other people come to watch or work on projects. Our fighters are of varying skill levels, so we try to do drills and/or out of armour work at practice to help everyone including fighters still looking to get into armour learn.

The last practice of every month is usually our monthly tournament. The format varies every month, as it is decided by last month's victor, who also receives the executioner's

sword, and the book of champions. There is also a prize for the most chivalric fighter, as chosen by those in attendance.

Finally, we have made an effort to invite skilled fighters and more experienced fighters to teach at our practice. So far, our first three teachers have drawn a decent sized crowd and have been really awesome.

I hope to continue to grow and enjoy the Nanaimo practice, and as interest and numbers grow, I hope we can very soon have a north island practice as well (somewhere in the Courtney, or Cumberland area).

Photo shamelessly stolen from Azemar's video on YouTube of Viscount Sir Liam fighting Lord Azemar



Being a Pelican in mundane life too!



Lady Halima Al-Rakkasa receiving her Order of the Pelican

Photo by Merry McMullen

To be a Companion of the Order of the Pelican fills me with awe. The Order is filled with so many hard-working and interesting people that I am stunned that I was invited to join them. These are the people who ensure that the SCA runs, that there are events for people to attend, that they are there early to set up and late to clean up, that listfields are cleared and fenced, that tables are placed for A&S contests, that people know about events happening, and that they invite others to do the same, all done with the qualities expected of Peers of the Realm.

For all of that, I feel that I fell into that role... Helping to maintain websites because I had the skill and there was a need. Holding an office (or two) because I had or could get the knowledge to do it well, and it was needed. Organizing events because... well... I had the knowledge and there was a need. Working within the SCA gave and gives me satisfaction and joy, even when things don't go as planned.

One of the joys is being able to be part of a team that makes things happen. As I work with others and learn new skills, this has bled into my everyday life. Not only are the skills transferable, but also the concepts of working with volunteers, and respect for the time and energy they give to an enterprise.

With this new recognition, this honor, has come a greater awareness of my impact on others, a greater need for thoughtful consideration, a weighing of potential outcomes for contemplated actions, because, suddenly, my words and deeds have more impact than they once did. It is a double-edge sword.

by Lady Halima Al-Rakkasa

Time to Make Plans...

APRIL

- 11-12 **Hartwood TUTR** Shire of Hartwood Port Alberni,
18 **Spring Masked Ball** Barony of Seagirt, Victoria

MAY

- 09 **Antioch Medieval Festival**,
Shire of Lionsdale, Fraser Valley
23 **Champions Tournament**
Barony of Lions Gate, Vancouver
29-31 **Sealion War**, Barony of Seagirt, Victoria

JUNE

- 12-14 **Tir Righ June Coronet Tournament**, Lac la Hache
King Attendance Queen Attendance
19-21 **Lionsdale Champions**, Shire of Lionsdale, Fraser Valley

JUNE Continued

- 26-28 **Ducal War North**, Shire of Coill Mhor, 100 Mile House
27-28 **Hartwood Archery Retreat**, Shire of Hartwood Site TBD

JULY

- 10-12 **Fields of Gold** Shire of Tir Bannog, Smithers
10-12 **Midsummer Mayhem** Shire of Appledore, Grand Forks
10-12 **Stranded Mermaid Tourney**, Shire of False Isle,
Powell River
24-26 **The Trials**, Barony of Lions Gate, Vancouver
27-03 **AT War /Nakusp Medieval Days Demo**, Nakusp

AUGUST

- 14-16 **Seagirt Summer Tourney & SYG**,
Barony of Seagirt, Victoria
28-30 **August Investiture**, Principality of Tir Righ, Site TBD



On a High Note

by John MacAndrew

Ending archery practices on a high note

In an archery practice; where you start on time, have a set objective for the day, and end on time, it is very beneficial to end on a high note. The archer may feel these practices frustrating because the coach is making changes to their shooting form and their accuracy can suffer in the short term. Also the archer may feel frustrated because they are not shooting subconsciously but are shooting with focus. Archery is always more fun when we let go of the moment allowing our ingrained training to make the shot.

Last year, when Miranda was training for tournaments, there were definitely days when practices went off. As her coach I had to note these down-swings, insert a fun shoot, and end the practice on a high note. More often than not the change in the shoot resulted in a renewed vigor and we could continue to practice.

For normal shooters ending on a high note re-affirms the fun in archery and sets the archer up for the next practice. It also takes the frustration that might be felt in a learning experience and puts a smile back on everyone's face.



Archery Photo by Rob Milne from Hartwood's Facebook Page

So, end your shoot with some close distance shooting, a few games, or fun competitions: team shoots, handicap shoots to balance the field or balloon speed rounds (where the balloon is your life). Put the smiles back on the archer's faces and as a Coach or Marshal) you will increase the probability they will happily come back next week.

- John MacAndrew, OGGS, OP



Photo of camping at Crown 2014 by Anikó





**Their Royal Majesties of An Tir,
King Savaric de Porte des Lions
and
Queen Dalla Hjalbaadsdottir**



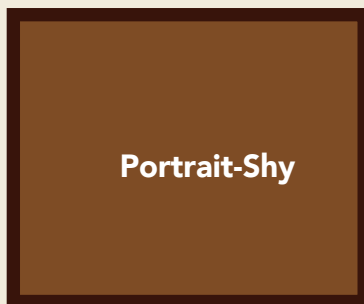
**Their Highnesses of Tir Righ,
Prince Olen Medvedovich Ovanov and
Princess Chiara La Fiamma**



**Their Highnesses of Summits,
Prince William Geoffrey the Rogue
and
Princess Diana de Winterton**



**Their Highnesses of Avacal,
Prince Kvigr Ivarsson and
Princess Svava Suanhuita**



**Their Excellencies of Summits,
Tanist Tryggr Trysson and
Tanista Temperance Trewelove**

The Royalty of An Tir

Why Do We Serve?

Our Society is built on the ideals of chivalry and courtesy, but runs by the concept of service. Without cooks, marshals, teachers, tent-raisers, hall-decorators, and so forth, no one would get to enjoy any of the activities we have come to know and love. The opportunities for service are practically limitless and the best part is, when everyone gives a little, nobody has to give a lot! Let us consider the types of service in the Society and learn about the reasons and rewards for serving.

Service in the Society is a means to an end. Without someone running the tournament, there is no tournament. Without someone registering names, nobody gets a unique name. Without someone cooking the feast, nobody gets to eat. By volunteering at local events, you make it so that others can come and fight, feast, and have a good time. Then, when it's your turn, you'll hopefully find those others in their own kitchen or marshalling their own field so that you can play, too.

Photos and information from antir.sca.org/WhosWho/

-Source: sca.org/service



Recipe of the Season

Spring is in the air!

Every newsletter I would like to try a recipe provided by (hopefully) one of our readers. I will even be brave enough to try and create it and (if it turns out well enough) I will put a photo in.

Please send your submissions to **paperscape@gmail.com** and use the subject NEWSLETTER RECIPE.

'Tis the season for new beginnings, for fresh and sweet and singing birds. Since I would rather listen to than harvest some songbirds, I felt strawberries would provide a good choice to celebrate the budding season. Here is a nice way to use up a pint of them, in a pie!



Daryoles

- Source: www.godecookery.com

Original recipe from Harleian MS. 279:

Daryoles. Take wine & Fresh broth, Cloves, Maces & Marrow, & powder of Ginger & Saffron & let all boil together & put thereto cream (& if it is clotted, draw it through a strainer) & yolks of Eggs, & mix them together, & pour the liquor that the Marrows was seethed in thereto; then make fair coffins of fair paste, & put the Marrow therein, & mince dates & strawberries in time of year, & put the coffins in the oven, & let them harden a little; then take them out & put the liquor thereto, & let them bake, & serve forth.

- Austin, Thomas. *Two Fifteenth-Century Cookery-Books*. London: Early English Text Society, Oxford Series, No. 91, 1888.

Modern recipe:

- | | |
|--------------------------------------|-----------------------------------|
| 3/4 c. cream | 1/2 c. honey |
| 1/4 c. wine | 1/4 tsp each saffron & ginger |
| 1/4 c. milk | 1/8 tsp each mace & ground cloves |
| 5 egg yolks + 1 egg | 2 baked pie shells |
| 1 pint strawberries, cleaned and cut | |
| 1/2 c. chopped dates | |

Take the milk, cream, wine, saffron and other spices, and bring to a boil. Remove from heat. Beat egg yolks and honey together and pour into cream mixture. Place the cut strawberries and dates in baked pie shells and pour cream mixture over fruit and into the shells. Bake at 400° F for 45 minutes.

Interesting...

Weird Forgotten English Words We Should Bring Back

FLITTERWOCHEN

This Old English expression (probably borrowed from German) meant "fleeting weeks," and refers to what we today call a honeymoon. Flit-terwochen is, obviously, a much better word.

GROG-BLOSSOM

A word from the 18th century for the dilation of blood vessels—caused by long-term overconsumption of the drink—in an alcoholic's nose.

MUMPSIMUS

This word originally meant "an incorrigible, dogmatic old pedant," but eventually came to refer to an incorrect opinion that someone clung to.

PIGGESNYE

Chaucer coined this term (which, according to Kacirk, comes from the phrase "pig's eye") for a sweetheart. Use it next Valentine's Day and see what happens.

RATTONER

Nobody wants to say that the exterminator is coming over. Use this 14th century term—taken from the Old French word raton and the Medieval Latin word ratonis, which both refer to rats, according to Kacirk—instead.

Source: mentalfloss.com

Parting Shot



Source: shamelessly stolen from John MacAndrew's flicker account.

